

Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Directions:**

In the book *First Day Jitters*, the teacher was nervous on her first day of school. Write her a letter to make her feel better. Give her some tips on how to have a great first day at school.

Dear Ms. Hartwell,

I understand that you are feeling nervous about your first day of school. I felt \_\_\_\_\_  
on my first day of school. I felt \_\_\_\_\_  
because \_\_\_\_\_

Sometimes, when I'm at school, I feel worried because \_\_\_\_\_  
\_\_\_\_\_

That's why I want to give you some tips that will help you have a great first day.

First, it is a good idea to \_\_\_\_\_  
\_\_\_\_\_

Next, you might try \_\_\_\_\_  
\_\_\_\_\_

I hope that helps! Your friend,  
\_\_\_\_\_